

It May be Possible for Memories to Be Passed down in Our Genes

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New research from Emory University School of Medicine, in Atlanta, has shown that it is possible for some information to be inherited biologically through chemical changes that occur in DNA. During the tests they learned that mice can pass on learned information about traumatic or stressful experiences – in this case a fear of the smell of cherry blossom – to subsequent generations.

According to the [Telegraph](#), Dr Brian Dias, from the department of psychiatry at Emory University, said: "From a translational perspective, our results allow us to appreciate how the experiences of a parent, before even conceiving offspring, markedly influence both structure and function in the nervous system of subsequent generations."

"Such a phenomenon may contribute to the etiology and potential intergenerational transmission of risk for neuropsychiatric disorders such as phobias, anxiety and post-traumatic stress disorder."

This suggests that experiences are somehow transferred from the brain into the genome, allowing them to be passed on to later generations.

The researchers now hope to carry out further work to understand how the information comes to be stored on the DNA in the first place.

Professor Marcus Pembrey, a paediatric geneticist at University College London, said the work provided "compelling evidence" for the biological transmission of memory.

He added: "It addresses constitutional fearfulness that is highly relevant to phobias, anxiety and post-traumatic stress disorders, plus the controversial subject of transmission of the 'memory' of ancestral experience down the generations.

"It is high time public health researchers took human transgenerational responses seriously."

"I suspect we will not understand the rise in neuropsychiatric disorders or obesity, diabetes and metabolic disruptions generally without taking a multigenerational approach."

Professor Wolf Reik, head of epigenetics at the Babraham Institute in Cambridge, said, however, further work was needed before such results could be applied to humans.

He said: "These types of results are encouraging as they suggest that transgenerational inheritance exists and is mediated by epigenetics, but more careful mechanistic study of animal models is needed before extrapolating such findings to humans."

As the [original journal article](#) published in the prestigious journal *Nature* concludes, "Our findings provide a framework for addressing how environmental information may be inherited transgenerationally at behavioral, neuroanatomical and epigenetic levels."

Could our DNA be carrying spiritual and mystical memories passed down in genes from the experiences of our ancestors? Does something such as spiritual evolution fester its way into the genetic sequence and carry over into the next generation? We now have a scientific framework for answering these questions.